

# LIVING WELL IN NEWARK AND SHERWOOD



We have created this booklet containing advice and support available in our district.

Inside you will find information on:

- Food Banks and emergency food provision
- Food Hubs and Social Supermarkets
- Warm spaces and coffee mornings
- Social eating
- Financial support
- Council Tax support
- Careline Service



# FOOD BANKS AND EMERGENCY FOOD PROVISION

If you are in need of emergency food provision, you can contact the below organisations.

## **Food Aid Blidworth, Sherwood Forest Community Church, Main Street, NG21 0PX**

Monday and Tuesday, 9am – 4pm

Thursday, 2pm – 4pm

Friday, 9am – 11am

Contact: 07907 66865 to arrange a collection or delivery

## **Ollerton Community Action Response**

Emergency food parcels available

Contact: 07754 536530

## **Bilsthorpe Emergency Team**

Emergency food parcels available

Contact: 07707 575942

## **Newark Food and Wellbeing Hub**

Emergency food parcels available

Contact: 07966 181850

## **Clipstone Food Hub**

Emergency food parcels available

Monday – Friday, 9am – 4pm

Contact: 07740 161874

## **Collingham Food Pantry**

Emergency food parcels available

Contact via Facebook or leave a message on 07974 982435

## **The Social Supermarket - Rainworth**

Emergency food parcels available

Monday – Friday, 9am – 4pm

Access via referral only

Contact: 01623 490498

## **Newark and Tuxford Food Bank and Market**

Food Bank open: Tuesday, 3pm – 5pm and Friday, 1pm – 3pm

Market open: Monday, 3pm – 5pm and Thursday, 1pm – 3pm

Contact: 07307 695310

Access via referral only. Referrals can be made by schools, the District Council employees, charities including Age Concern, housing support services, doctors, and medical professionals as well as local churches.



# FOOD HUBS AND SOCIAL SUPERMARKETS

These places offer affordable groceries to those who may need them.

## Monday

### The Social Supermarket

Rainworth Social Action Hub, Kirklington Road,  
Rainworth, NG21 0JR

10am - 2pm

£1 membership and then £4.50 per visit

Contact: 01623 490498

### Collingham Food Pantry

Contact: [collinghamfoodpantry@gmail.com](mailto:collinghamfoodpantry@gmail.com)  
to arrange a Monday delivery

Free

### The Bread and Butter Thing

Cleveland Square Community Centre, Newark

1.30pm - 2.30pm

To join, message 07860 063304 with your  
name, postcode and the name of the hub  
"Cleveland Square"

£8.50 per week for three bags - one ambient,  
one chilled and one fruit and veg

## Tuesday

### Youth Community Fridge

Rainworth Social Action Hub, Kirklington  
Road, Rainworth, NG21 0JR

5.30pm – 7.30pm

Contact: 01636 490498



## Wednesday

### Clipstone Food Hub

The Circle Community Centre, Clipstone,  
NG21 9EF

1pm

£1 membership and then £4 for a weekly box

Contact Faye: 07740 161874

### The Social Supermarket

Rainworth Social Action Hub, Kirklington Road,  
Rainworth, NG21 0JR

12pm – 3pm and 4pm – 7pm

£1 membership and then £4.50 per visit

Contact: 01623 490498

# Thursday

## The Social Supermarket

Rainworth Social Action Hub, Kirklington Road,  
Rainworth, NG21 0JR

10am – 2pm

£1 membership and £4.50 per box

Contact: 01623 490498

## Newark Food and Wellbeing Hub

Beaumont Walk Community Centre, Newark,  
NG24 2DD

1pm – 3pm

£1 membership and then £4 for a weekly bag

Contact: 07966 181850

## Bilsthorpe Food Hub

The Green Community Centre, Bilsthorpe,  
NG22 8QQ

1pm – 3pm

£1 membership and then £4 for a weekly box

Contact: 07707 575942

## Lifespring Lets All Eat Pantry

Lifespring Church, Ollerton

1pm – 3pm

£1 membership and £4.50 for a weekly box

Contact: 07549 925299

## Edwinstowe Food Hub

Abbey Road Community Centre, Edwinstowe

2 - 4pm

No membership fee, £3.50 for a weekly box

Contact: 07480 953356



# WARM SPACES, COFFEE MORNINGS

Warm Spaces and Coffee Mornings are friendly and welcoming areas in the local community where you can meet new friends and enjoy a cuppa for free.

Each warm space is unique and offers different kinds of support and activities.

## Newark area:

### Monday

#### Cleveland Square Community Centre Coffee Morning

Cleveland Square, Newark,  
NG24 4HL

9am – 11am

#### Nesbitts Community Café

Tom Mann Pavilion, Devon Park,  
NG24 4QN

10am - 2pm

#### Well Green House Community Centre Coffee Morning

The Green, Coddington,  
Newark, NG24 2PT

From 10.30am

#### Balderton Methodist Church

Main Street, Balderton,  
NG24 3LQ

9.30am - 11am

### Tuesday

#### Charles Street Methodist Church

Charles Street, Newark,  
NG24 1RN

Warm Space with hot drinks

#### William Ghent Community Centre Coffee Morning

William Ghent Community  
Centre, Balderton, NG24 3EB

9am – 11am

#### Nesbitts Community Café

Tom Mann Pavilion, Devon Park,  
NG24 4QN

10am – 2pm

#### Places of Welcome

Newark Library, Beaumont  
Gardens, Balderton Gate,  
Newark, NG24 1UW

10am – 11am

#### Winthorpe Community Cuppa

Winthorpe Village Hall, 68  
Gainsborough Road, Winthorpe

2pm – 4pm

#### Fernwood Village Hall

Ruby's Avenue, Fernwood,  
NG24 3RS.

10am – 12pm

#### A Crafty Cuppa

St Giles Community Hall,  
Main Street, Balderton

Second Tuesday of the month

2pm – 4pm

#### No.15 Café

15 Balderton Gate, Newark,  
NG24 1UE

Soup served between  
3pm – 4pm

## Wednesday

### Best Years Hub

William Bailey House,  
Windsor Close, Collingham,  
NG23 7PS

For those aged 65+  
1.30pm – 3.30pm

### Best Years Hub

Cleveland Square Community  
Centre, Cleveland Square,  
Newark, NG24 2HL

For those aged 65+  
10.30am – 12.30pm

### Hope Community Methodist Church

Barnby Gate, Newark, NG24 1PX  
10am – 12pm

### No.15 Café

15 Balderton Gate, Newark,  
NG24 1UE

Soup served between  
3pm – 4pm

## Thursday

### St Giles Balderton Community Café

Main Street, Balderton,  
Newark, NG24 3LL

2pm – 4pm

### Warm Welcome Space (Church of Promise)

Winthorpe Road, Newark, NG24 2AA  
07521170728

10am – 12pm

### No.15 Café

15 Balderton Gate, Newark,  
NG24 1UE

Soup served between  
3pm – 4pm

## Saturday

### Ossington Village Hall

Main Street, Ossington, NG23 6LJ

Fourth Saturday of every month

11am – 1pm



# WARM SPACES, COFFEE MORNINGS AND PLACES OF WELCOME

## Southwell area:

### Monday

#### Coghill Court Community Centre Coffee Morning

Westgate, Southwell, NG25 0LH

10am – 12.30pm

#### Renew Wellbeing

Southwell Baptist Church, Nottingham  
Road, Southwell, NG25 0LG

1pm – 3pm

### Tuesday

#### Places of Welcome Coffee Morning

Southwell Library, King Street, Southwell,  
NG25 0EH

10.30am – 11.30am

#### Best Years Hubs

Our Lady of Victories RC Church, Halam Road,  
Southwell, NG25 0AD

For those aged 65+

1.30pm – 3.30pm

#### Oxton Village Hall Afternoon Tea

Main Street, Oxton, Southwell, NG25 0SA

First Tuesday of the month, 2pm – 4pm

Donations are asked to go towards the  
cost of the food.



### Wednesday

#### Holy Trinity Church Coffee Morning

Westgate, Southwell NG25 0LD

From 10.30am

#### Oxton Village Hall Coffee Morning

Main Street, Oxton, Southwell, NG25 0SA

Fourth Wednesday of the month,  
10am – 11.30am

Donations are asked to go towards the  
cost of the food.

#### Oxton Village Hall Soup Kitchen

Main Street, Oxton, Southwell, NG25 0SA

Third Wednesday of the month, 12-2pm.

Donations are asked to go towards the cost  
of the food.



# WARM SPACES, COFFEE MORNINGS AND PLACES OF WELCOME

## Southwell area:

### Thursday

#### **Kings Court Community Centre Coffee Morning**

King Street, Southwell, NG25 0EL

9.45am – 11am

### Friday

#### **Ukraine Coffee Morning**

Kings Court Community Centre, King  
Street, Southwell, NG25 0EL

Second Friday of every month

11am – 1pm

#### **Craft and Chatter**

Southwell Baptist Church, Nottingham  
Road, Southwell, NG25 0LG

First and third Fridays of the month

11am – 12pm





## Sherwood area:

### Monday

#### Lynds Close Community Centre Coffee Afternoon

Edwinstowe, NG21 9RB

2pm – 4pm

#### Farnsfield Methodist Church

Chapel Lane, Newark, NG22 8JL

Alternate Mondays

2pm – 4pm

### Tuesday

#### De Lacy Court Community Centre Coffee Morning

De Lacy Court, Ollerton, NG22 9RN

10am – 12pm

#### The Green Community Centre Coffee Morning

The Green, Bilsthorpe, NG22 8QQ

9.45am – 12pm

#### The Boughton Community Hub

34 Manvers View, Boughton, NG22 9HJ

From 10am

### Wednesday

#### Rolleston Village Hall Coffee Morning

Staythorpe Road, Rolleston, NG23 5SG

10.30am – 12pm

#### Thoresby Road Community Centre

Rainworth, NG21 0DZ

10am – 12pm

#### Rookwood Community Centre

Blidworth, NG21 0PJ

10am – 12.30pm

#### Eastfield Close Coffee morning

Clipstone, Mansfield, NG21 9AZ

9.30am – 12pm

#### Farnsfield Library Coffee Morning

New Hill, Farnsfield, Newark NG22 8JN

Alternate Wednesdays from 10.30am

### Thursday

#### Social Action Hub Chatty Café and Warm Space

Kirklington Road, Rainworth, NG21 0JR

10am – 12pm

#### Best Years Hubs

Miners Welfare, Mansfield Road, Clipstone, NG21 9AL

For those aged 65+

11am – 1pm

## Friday

### Gunthorpe Village Hall

Dauids Lane, Gunthorpe,  
NG14 7EW

Light refreshments and chat with  
friends

9.30am – 12.30pm

### Bleasby Village Hall Friendship Coffee Morning

Gypsy Lane, Bleasby, NG14 7GG

Last Friday of every month

10am – 12pm

### Rookwood Community Centre

Blidworth, NG21 0PJ

10am – 12.30pm

## Saturday

### Egmanton Village Hall Coffee Morning

Tuxford Road, Egmanton,  
NG22 0HA

Second Saturday of every month

10am – 12pm

### Laxton Village Hall Coffee Morning

High Street, Laxton,  
NG22 0NX

Third Saturday of every month

10.30am – 12.30pm

### Farnsfield Methodist Church Coffee Morning

Chapel Lane, Newark, NG22 8JL

Last Saturday of the month

9.30am - 11.30am



# SOCIAL EATING

Eating together with others can have a positive impact on our physical and emotional wellbeing. For many of us the last few years has led us to feeling isolated and missing the company of others. Across the district we have several opportunities to eat with others. This is a great chance to meet other people, make friends and have an affordable hot meal.

## Monday

**Balderton Methodist Church, Main Street,  
Balderton, NG24 3LQ**

Fortnightly

11am – 2pm

Donation accepted. No booking necessary

**Laxton Village Hall, High Street, Laxton,  
NG22 0NX**

First Monday of every month

11am – 2pm

Contact: David at [d.sheard321@btinternet.com](mailto:d.sheard321@btinternet.com)

## Tuesday

**GEM Phoenix Hall, Collingham, NG23 7RA**

Alternate Tuesdays

10am – 1pm

£3 donation

Please book by contacting  
[gem@collingham-notts.org.uk](mailto:gem@collingham-notts.org.uk)

**Charles Street Methodist Church, 1 Charles  
Street, Newark, NG24 1RN**

8.30am – 9.30am for breakfast

12.30pm for a light lunch

Contact: 01636 703834

**Lifespring, Ollerton, Sherwood Drive,  
New Ollerton, NG22 9PP**

Two course meal

4.30pm – 7pm

Free, no booking required

Contact: 01623 860303

**YMCA Newark and Sherwood Community  
Activity Village, Lord Hawke Way, NG24 4FH**

Noon onwards

Meet and eat – hot meal and drinks

£6 per person

Contact: 01636 233125

## Wednesday

### **GEM South Scarle Community Centre, Main Street, NG23 7JX**

Alternate Wednesdays

10am – 1pm

£3 donation

Please book by contacting  
[gem@collingham-notts.org.uk](mailto:gem@collingham-notts.org.uk)

### **Lynds Close Community Centre, Edwinstowe**

11.30am – 2pm

£5 for two courses

Booking is essential. Contact: 07968617445

### **Clipstone Miners Welfare Warm Hub Club**

11.30am – 2pm.

Free tea and coffee with hot food for £1.50

### **Rolleston Village Hall, Greenaway, Rolleston, NG23 5SG**

First Wednesday of every month

Noon onwards

£3 per person

Contact: 07779 561934

## Friday

### **Beaumont Walk Community Centre**

Last Friday of the month

10am – 2pm

£4 per person

Please book by contacting 07966 181850



## FINANCIAL SUPPORT

If you are worried about paying bills and need some help, please get in touch with us at Newark and Sherwood District Council as soon as possible so we can try to help you. We can signpost you to local and national agencies that provide free, impartial advice.

We can also provide information on how you can claim any benefits you are eligible for so that you get any financial support you're entitled to.

You can contact us at:

- **01636 650 000**
- **[customerservices@newark-sherwooddc.gov.uk](mailto:customerservices@newark-sherwooddc.gov.uk)**

Or in-person at:

### **Castle House**

Great North Road, Newark, Nottinghamshire, NG24 1BY  
Monday to Friday  
9am to 5pm

### **Ollerton Advice Office**

Sycamore Road, New Ollerton, Newark, Nottinghamshire, NG22 9PS  
Monday to Friday  
9am to 12.30pm and 1.30pm to 4.30pm



More information is available on our website at [www.newark-sherwooddc.gov.uk/financialadvice](http://www.newark-sherwooddc.gov.uk/financialadvice) or by scanning the QR code!

# COUNCIL TAX SUPPORT

Council Tax support can help you pay your Council Tax if you're on a low income. You can apply for support whether you rent, own your home or live rent-free. Additionally, you can qualify for support regardless of your employment status.

More information including what discounts and exemptions are available and how to apply visit our website at [www.newark-sherwooddc.gov.uk/counciltaxsupport](http://www.newark-sherwooddc.gov.uk/counciltaxsupport)

You can also ring **01636 650 000** or email [customerservices@newark-sherwooddc.gov.uk](mailto:customerservices@newark-sherwooddc.gov.uk)

## CARELINE

Also known as a lifeline service, Careline can support you to live independently in your home, knowing there is always someone there to answer your call and provide peace of mind for you and your family and friends.

It can be used to raise an alarm call from anywhere in your home. Simply press your Careline pendant, or the large red button on the main unit to call for assistance.

Careline is monitored by our locally based, trained, and professional staff 24 hours a day, 365 days of the year. If you need urgent assistance or are worried, we're just a push of the button away and we will get you the assistance that you need.

To request a Careline, or to find out more, contact us at: **01636 650 000** or email [customerservices@newark-sherwooddc.gov.uk](mailto:customerservices@newark-sherwooddc.gov.uk)

# USEFUL CONTACT INFORMATION

Newark and Sherwood District Council: 01636 650000

## National Help Lines

NHS: **111**

Shout Text: **8525**

Samaritans: **116 123**

Silver Line: **0800 470 8090**

Childline: **0800 1111**

## Local help and support

Notts and Lincs Credit Union: [www.nottsandlincscu.co.uk](http://www.nottsandlincscu.co.uk) **0330 004 0842**

Citizens Advice Sherwood & Newark local advice line: **01623 861769** and national advice line: **0800 144 8848**

Newark & Sherwood CVS: **01636 679539**

Home-Start Newark: **01636 705011**

Furniture Project: **01623 836410**

CASY: **01636 704620**

The Children's Bereavement Centre: **01636 551739**

Framework: **0115 850 4015**

Notts County Council Golden Number: **0300 500 8080**

Notts Help Yourself: [www.nottshelpyourself.org.uk](http://www.nottshelpyourself.org.uk)

## Domestic Abuse support services

Notts Women's Aid: **01909 533610** (9am -5pm)

National Domestic Abuse Help Line (24hrs): **0808 2000 247**

Equation: **0115 960 5556**

Men's Advice Line: **0808 801 0327**

## Regional Mental Health Support

Nottinghamshire MIND: **0800 470 0203**

Crisis Sanctuaries: **0330 822 4100** (4pm – 11pm)

NHS Talking Therapies: **0333 288 2060**

Nottinghamshire MH crisis line: **0808 196 3779**

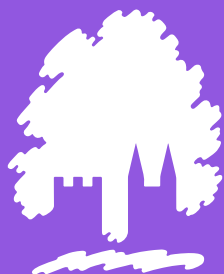
Text Notts: text the word NOTTS to **85258**

## Employment support

Department of Work and Pensions: [www.gov.uk](http://www.gov.uk)

Job Centre Plus: **0800 169 0190**





NEWARK &  
SHERWOOD  
DISTRICT COUNCIL