







### **Newark Courses**

For more information or to find out more get in touch! inspireculture.org.uk/Multiply | 01623 677 200 | ask@inspireculture.org.uk







## MULTIPLY

Multiply offers easy access to FREE numeracy courses that can help you brush up your maths skills and help you become more confident with numbers.

If the thought of numbers makes you feel nervous, we're here to help. Multiply courses with Inspire are designed to make maths that bit less scary, with practical sessions and plenty of support to build your confidence.

"My tutor was very patient and tried to make it very easy, whether it's a person of old age or a person who struggles with English... I really enjoyed this course... I learnt a lot from the tutors, they are all really good... Now I am looking at Functional Skill courses, these courses have inspired me to make me more productive"

**Multiply Student** 

Course Title	Content	Duration	Location	No. required
Making your Money Stretch	With the rise in the cost of living, we're all looking for ways to make our money stretch, this course will help you think of new ways to make the pennies go that little bit further by exploring personal budgeting, meal planning, fuel savings and general day to day money saving tips.	3 or 6 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4+
Cheap Meal Ideas	Learn how to save money on your weekly food shop and demystify those supermarket deals! You will look at calculating portion costs, using price tracker websites and understanding different weights and measurements.	3 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4+
Maths Vocab and Concepts for ESOL Learners	This course aims to support learners whose first language is not English to become more confident using maths. We will look at reading and writing numbers, converting currency, understanding road signs and measurements.	5 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4+
Getting Ready for Functional Skills Maths	This introduction to functional maths skills will build your confidence with numbers and calculations in preparation for you transferring to an accredited Functional Maths qualification.	3 weeks (2 hours per week	Alexander lodge/Newark Buttermarket or any community venue,	4+
Employability for ESOL learners	This 6-week course aims to support learners whose first language is not English. You will learn employability and life skills to help transition into employment or further training. Our tutors will support ESOL learners to overcome the barriers they face to securing employment, such as, help understanding the best way to get to work, completing application forms and understanding wage slips.	6 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4+

Employability – Getting back into work	This course will equip you with skills needed to get back into the workplace. We will look at using transport apps to get to work, completing online forms and help with budgeting at work.	3 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4*
Digital skills	Would you like to become more confident using your smartphone? If so, this course will enable you to use your device confidently to access online services, money saving tips and useful apps. During the course you will learn how to send an email with an attachment, make online payments and become more aware of online safety.	4 weeks (2 hours per week)	Alexander lodge/Newark Buttermarket or any community venue,	4+

If you are supporting anyone interested in any of the above courses and would like more information or to make a referral. Please contact:

### Jade Groves (Learning Engagement Officer) Email: jade.groves@inspireculture.org.uk Tel: 07721 627337

Explore our website for more courses and information



# Inspire Adult Learning

Culture | Learning | Libraries

FREE\* short courses in your local community that are personalised just for you!

#### Brush up your maths skills

Manage your money better Explore new hobbies or interests

Learn something new Boost your confidence

And more!

CREATING GROWTH IN YOUR COMMUNITY

### FREE\* COURSES

\*Eligibility criteria applies

## Renew

ReNEW has something for every stage of your journey back into education or employment. Courses starting at local venues in:

Bilsthorpe I Clipstone I Edwinstow

Newark I Ollerton and Boughton

SCAN ME



For more information and to find out more get in touch! inspireculture.org.uk/re-new | 01623 677 200 | renew@inspireculture.org.uk







