

ATTFE College Courses

Course Title	Description	In person / Online
A More Confident Me	A More Confident Me is a programme that supports adults aged 18 and over to feel healthier, happier, more confident, and more connected to their local community.	In Person
Personal and Social Development	This course aims to equip learners with key skills for life and work, which includes building confidence and self esteem, enhancing communication skills, supporting personal development, team work skills, and preparing for work	In Person
Cooking and Catering Skills	A great way to learn new cooking and catering skills and techniques as well as employability and food safety skills, supporting adults to learn new, low-cost recipes in a group environment. All equipment and ingredients are provided and all food made can be taken home to enjoy!	In Person
BIIAB Level 2 Award in Food Safety in Catering	This qualification aims to allow learners to obtain and then demonstrate the knowledge relating to safe service and delivery of food at Level 2, to help towards a career in catering.	In Person
Emergency First Aid (Accredited)	Upon successful completion of this qualification, you will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.	In Person
Level 1 Certificate in Customer Service	A great course for understanding customer service in a variety of roles. This course will support with employability, communication skills and confidence.	In Person
Creative Crafts	A great course to engage in weekly creative arts and crafts activities delivered in a fun and friendly environment.	In Person
Get Into Gardening	This is a great course for anyone interested in learning more about gardening with lots of practical activities including weeding, planting, and identifying plants and flowers. Gardening kits will be supplied.	In Person

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Volunteering Award	This is a great course to learn about the benefits of volunteering whilst also identifying the skills needed to support volunteering in the community.	In Person
Mental Health Awareness	Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector.	Online
Understanding Children and Young People's Mental Health	Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors, and impact of mental health.	Online
Counselling Skills	Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge, skills can provide them with support to improve personal well-being.	Online
Mental Health First Aid and Advocacy in the Workplace	It's important that employers are transparent and open about mental health issues, and this qualification builds an understanding of mental health problems and the support available to colleagues. Increasing the understanding of mental health of staff at all levels builds a culture of care and support.	Online
Understanding Mental Health in Early Years	The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital.	Online
Working with People with Mental Health Needs	Mental health presents one of the greatest challenges to our society. While many elements of mental health are still not understood, having a good knowledge of the information that is available is essential in the care sector.	Online

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Understanding Mental Health	This qualification is designed to increase learners' knowledge and understanding of mental health and mental well-being. Successful completion of the required units will allow the learner to develop in-depth knowledge and understanding of mental health. It will also support learner progression into relevant employment within the health and social care sector.	Online
Understanding Behaviour That Challenges	Challenging behaviour is the causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities, and conditions like dementia.	Online
Equality and Diversity	The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation, and the potential consequences of illegal online activity.	Online
Safeguarding and Prevent	Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge, skills can provide them with support to improve personal well-being.	Online
Understanding Specific Learning Difficulties	Having a learning difficulty means that people find it harder to learn certain skills. As this affects around 15% of people, it is important for those working in healthcare, social care, and education to have knowledge of different Specific Learning Difficulties such as ADHD, dyslexia, and dyscalculia.	Online
Understanding Autism	Autism is a spectrum condition that affects how a person communicates with others and how they interpret the world around them. Having a clear understanding of the misconceptions, diagnoses, and support surrounding autism are just some of the essential skills needed when working in mental health.	Online

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Understanding Domestic Abuse	This qualification is for anyone who has a responsibility to respond to domestic abuse or support those experiencing domestic abuse. This includes employers, teachers, health and social care workers, and anyone involved in safeguarding vulnerable adults, children or young people.	Online
Business and Administration	There were an estimated 5.5 million private sector businesses in the UK at the start of 2016. Despite the recent economic difficulties, the trend has been steadily increasing in the business population. Today's global economy brings with it a wealth of new markets, shrinking profit margins, and increasing operating expenses; the need for good business administration has never been greater.	Online
Creating a Business Start-Up	This course will help you have a better understanding of the initial processes and requirements of a business start-up can increase the chances of your business succeeding. If you're looking to start your own business, or already have a business but want to develop and progress your business plan, this qualification will support you with the skills and knowledge you need.	Online
Customer Service	In order to have a truly successful business, you need to provide good customer service. It is believed that 96% of unhappy customers don't ever complain; however, 91% of those simply leave and never come back. The main reason for customer churn is not price, but bad customer service. Handling a business' issues in a professional and courteous manner is an essential day-to-day task.	Online
Customer Service for Health and Social Care	Our new qualification enhances Customer Service in Healthcare, which will support you when you are dealing with residents, families, patients, and internal and external customers within the Health and Social Care environment.	Online

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Principles of Prevention and Control of Infection	About 300,000 patients develop an infection in England each year while being treated by the NHS. Protecting people from infection is an essential element of providing high quality care, especially considering the capacity some potentially life-threatening infections have to spread within care environments.	Online
Excellence in Customer Service for Hospitality	In the hospitality sector, staff are often the forefront of the business and first impressions are vital. It is therefore important that those working in hospitality are highly professional. Understanding how to communicate effectively, the importance of teamwork and the importance of maintaining food hygiene is essential for staff in these roles.	Online
Principles of Cyber Security	In an increasingly digital world, cyber security is fast becoming a main concern for many organisations. With complex online scams and cyber crime, it's essential that organisations have an understanding of preventative measures to maintain cyber security, including techniques and security checks needed to store data securely. This online course is a key starting point for anyone looking to begin their career in cyber security.	Online
Data Protection and data security	Data protection compliance is an essential legal requirement for all organisations. Since the General Data Protection Regulation (GDPR) came into force in May 2018, it is more vital than ever that everyone who works with personal data understands the laws and acts in compliance, as the penalties can be severe.	Online
Information, advice and guidance	Offering clear and accurate information, advice, or guidance and knowing what can be shared legally and professionally can greatly improve outcomes for a business. There are some fundamental rules for successful information sharing and ensuring staff are aware of these is	Online

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Preparing to work in adult social care	The need for adult social care continues to rise at a time when the system supporting that care is rapidly and significantly changing. With around 1.5 million people working in adult social care in England, care workers need up-to-date support and guidance in order to provide adequate person-centred care.	Online
Introducing Caring for Children and Young People	With over 50,000 children identified as needing protection from abuse in the UK, it is important that those working in the care sector understand the risks of abusive and exploitative behaviour that some children experience. Knowing what strategies are used to protect them from this behaviour, whilst following procedures, is essential to helping those effected.	Online
Retail operations	The retail industry is subject to a number of pressures. These include changes in shopping habits and the recent economic downturn which reduced the consumer spending. However as consumer confidence begins to grow, it is important that retail support staff are fully trained and equipped to represent your business and to meet the needs of your customers.	Online
Safe handling of medication in Health and Social Care	Modern medicines are powerful substances which have beneficial effects for millions of people worldwide. However, inappropriate use or handling of these substances can have severe consequences, including death. Having good up-to-date knowledge of the safe handling of medicines is essential for anyone working with medication.	Online
Understanding Coding	Coding is what makes it possible for anyone to create computer software. Websites, apps, and social media are all made with code--it is a language that tells computers what action to perform. This qualification is designed for anyone who is looking to gain an introduction to coding. As the world is evolving digitally and the digital sector is growing, this course will give you an insight into the principles of coding, and how coding is used in practice for software development.	Online

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Introduction to neuroscience in Early Years	<p>This qualification provides an introduction to neuroscience in the early years--from birth to seven years. Self-regulation in the early years is a critical set of skills that help children to remain calm, attentive, and able to deal with powerful emotions such as fear, anger, and sadness.</p> <p>Children are not born with these skills; they develop them over time when they are supported to understand their feelings and actions by caring and responsive adults. This qualification covers key factors that may affect development in children such as stress, adverse childhood experiences, and special educational needs and disabilities.</p>	Online
Principles of Team Leading	<p>Strong team leadership is essential for providing guidance, direction, and instruction within a group and inevitable leads to more effective teamwork and more motivated employees. Being able to manage a team effectively is critical in the current job market, where employee productivity and team outcomes are closely monitored.</p>	Online

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